



CAMP GILMOUR 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1: June 5-9 Week 4: June 26-30 Week 7: July 17-21	Chicken Nuggets Cauliflower Chips Chocolate Pudding Sun butter & Jelly Deli/Wrap or Sandwich	Grilled Cheese Tots Broccoli Jell-O Sun butter & Jelly Deli/Wrap or Sandwich	Pepperoni Pizza Corn Fries Fresh Cut Watermelon Sun butter & Jelly Deli/Wrap or Sandwich	Johnny Marzetti Fresh Cut Carrots Garlic Bread Brownies Sun butter & Jelly Deli/Wrap or Sandwich	Hamburgers Pretzel Veggie Sticks Chocolate Chip Cookies Sun butter & Jelly Deli/Wrap or Sandwich
Week 2: June 12-16 Week 5: July 5-7 Week 8: July 24-28	Hot Dogs Chips Green Beans Vanilla Pudding Sun butter & Jelly Deli/Wrap or Sandwich	Popcorn Chicken Cauliflower Rice Ice Cream Sandwich Sun butter & Jelly Deli/Wrap or Sandwich	Chicken Fajitas Steamed Rice Roasted Corn Churros Sun butter & Jelly Deli/Wrap or Sandwich	Cavatappi Marinara Breadsticks Vegetables Fresh Cantaloupe Sun butter & Jelly Deli/Wrap or Sandwich	Meatball Sub Pretzels Veggie Sticks Chocolate Chip Cookies Sun butter & Jelly Deli/Wrap or Sandwich
Week 3: June 20-23 Week 6: July 10-14 Week 9: Jul 31- Aug 4	Cheese Pizza Carrots Tater Tots Chocolate Pudding Sun butter & Jelly Deli/Wrap or Sandwich	Beef Taco Bar Steamed Corn Rice Fresh Cut Watermelon Sun butter & Jelly Deli/Wrap or Sandwich	Penne Pasta Meatballs Broccoli Carnival Cookie Sun butter & Jelly Deli/Wrap or Sandwich	Corn Dogs Pretzels Steamed Peas Popsicles Sun butter & Jelly Deli/Wrap or Sandwich	Chicken Tenders Chips Veggie Sticks Chocolate Chip Cookies Sun butter & Jelly Deli/Wrap or Sandwich